

Touchy Feely Class

INTRO

- Tough week I added stress by giving you this now—but the timing was right! [ed.'s note: this was right after midterms]
- “Soft” but necessary/important. One of the reasons for written assignment; so that you read it. Knowledge is power.
- It is as important as any other class I teach, to my lights—as a thinker, though, I had to be told this by a feeler. And it took me awhile to “Get it.” So even if you think it’s crazy now—it might make sense later.
 - If you are a thinker—as most of you are, you think this is crap –that’s part of the reason I gave you empirical data
 - If you are a feeler, it’s probably obvious info; It’s the feverino of the Cicchino article—I am preaching to the choir

1. Law students & Lawyers at risk. Some evidence that law school creates the problem—whether true or not we have an obligation to deal address

2. Info may explain to some of you why it’s not a good fit—not to say drop out, but here’s why it feels odd.

~you feelers are isolated, maybe wondering if you are in the right place, as you are surrounded by thinkers. You well could be—the law needs feelers

3. Also may encourage you to figure out ways to achieve optimal stress—mostly meaning ways to seek help if you are TOO stressed.

* If you are a first year, you may be in the process of changing, of becoming more depressed, drinking more as we speak

* When you return as a second year—you may be actively hostile & alienated about your whole law school experience.

LAW FIRM DISCUSSION QUESTIONS:

1. Did you recognize yourself in any of the descriptions or categories in the Daicoff article?
2. What is it about law school that might be making you crazy.....
3. We all know the bad ways to cope with stress – discuss some good ways.
4. Identify and discuss one of the interesting points identified in either article.
5. If you are feeling oppressed by law school, how can you reclaim your agency?